

# VashonBePrepared<sup>ORG</sup>

*Neighbors Helping Neighbors*

## How Well Is Your Family Prepared?

### Take the VashonBePrepared Household Preparedness Test!

Take the emergency preparedness test to see if you and your family or household members are ready for what we all know is coming sooner or later: a major earthquake or some other kind of disaster.

#### Questions

- \_\_\_\_\_ 1. Do you have a plan for where to meet up with your family at a pre-selected safe place, if you can't safely access your home? (5 points)
- \_\_\_\_\_ 2. Does your household have a plan for where people will stay if they're stuck on the mainland? (5 points)
- \_\_\_\_\_ 3. Do you have an emergency contact plan? That means designating the phone number for an out-of-state friend or relative, where every household member can leave word of their status after a disaster strikes. (5 points, plus 5 more points if every household member carries a printed emergency contact list)
- \_\_\_\_\_ 4. Do you have one week's emergency stash of food and cooking supplies at your house? (5 points, plus 5 bonus points for each additional week of food in your stash)
- \_\_\_\_\_ 5. Have you stored one week of emergency drinking water at your house? (5 points, plus 5 bonus points for each additional week of water, and 5 points for each method of water purification you have on hand – boiling, chemical treatment, filtering)
- \_\_\_\_\_ 6. Does your household's emergency cache include a first aid kit, plus spare personal medical supplies (eyeglasses or contacts, hearing aid batteries, a copy of your prescriptions, and other health essentials)? (5 points, plus 5 more points if a teen or adult in your household has had first aid training)
- \_\_\_\_\_ 7. Does your household have food, water, and emergency supplies in two or more places? Redundant, distributed supplies increase resilience. (5 points if you have supplies in multiple locations: home, shed, garage, car etc.)
- \_\_\_\_\_ 8. Do family members know how to shut off household water, gas or propane, and electricity? (5 points if a teen or adult in your household knows how, plus 5 bonus points if you have a wrench tied to your gas shut off valve or have an automatic earthquake gas shut-off valve.)
- \_\_\_\_\_ 9. Do you have a plan with your neighbors to check on each other after a disaster? (5 points, plus 5 bonus points if you have a Neighborhood Emergency Response Organization (NERO) group established in your neighborhood. Add 5 points if your home emergency kit includes a crank- or battery-operated radio to receive Voice of Vashon emergency alerts at 1650AM.)
- \_\_\_\_\_ 10. Have any of your family members volunteered with one of the VashonBePrepared organizations (Emergency Operations Center, CERT, ACS, MERT etc.)? (5 points if someone in your household volunteers)

#### How to Score:

- 100 points or more = High-five your household members, keep it up, and consider helping others prepare!
- 80 points or more = Your family is good at this – keep checking and improving your kit.
- 50 points or more = Good job, but take some more time to complete your household kit.
- 30 points or less = Your household could be more resilient against disasters. Buddy up to boost your kit.