

MEDICAL INFORMATION

Having important medical information for household members and pets is critical in case you need to leave your house after a disaster.

PHYSICIAN

Name: _____

Phone number: _____

PHARMACY

Name: _____

Phone number: _____

HEALTH INSURANCE

Provider: _____ Group Number: _____

ID number: _____

CLOSEST FACILITY WITH GENERATORS IF POWER FOR MEDICAL EQUIPMENT IS REQUIRED:

MEDICATIONS

1. (PERSON NAME) (NAME OF MEDICATION) (DOSAGE)

2. (PERSON NAME) (NAME OF MEDICATION) (DOSAGE)

3. (PERSON NAME) (NAME OF MEDICATION) (DOSAGE)

4. (PERSON NAME) (NAME OF MEDICATION) (DOSAGE)

PET INFORMATION

1. (PET NAME) (BREED)

(APPROX. AGE) (NAME OF MEDICATION) (DOSAGE)

2. (PET NAME) (BREED)

(APPROX. AGE) (NAME OF MEDICATION) (DOSAGE)

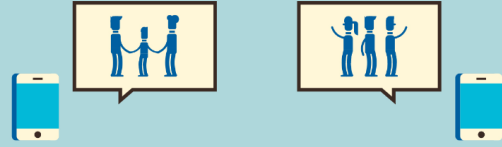


2 WEEKS READY

Gather Your Emergency Information

IMPORTANT PHONE NUMBERS

This might seem unnecessary — but how many phone numbers do you actually have memorized?



FRIENDS, IMMEDIATE FAMILY MEMBERS, AND OUT-OF-AREA CONTACTS:

1. (NAME) (PHONE)

2. (NAME) (PHONE)

3. (NAME) (PHONE)

4. (NAME) (PHONE)



PUBLIC SAFETY LOCATIONS

Whether you need help during a disaster or not, knowing who provides your home with safety services is important

Public safety locations can be a centralized location for information and support for your community



FIRE STATION

Address: _____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____



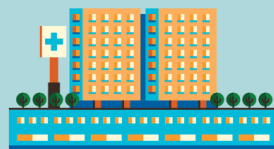
POLICE STATION

Address: _____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____



MEDICAL FACILITY

Address: _____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____



COMMUNITY GATHERING POINT

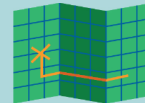
Address: _____

Phone number: _____

Total miles to station: _____

Potential route hazards: _____

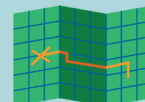
ALTERNATIVE ROUTES TO WORK



CURRENT ROUTE HOME:

Total miles: _____

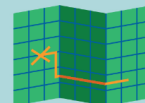
Potential hazards for route: _____



ALTERNATIVE ROUTE #1:

Total miles: _____

Potential hazards for route: _____



ALTERNATIVE ROUTE #2:

Total miles: _____

Potential hazards for route: _____

To help find routes and methods home, the following resources may help:

wsdot.wa.gov
www.metro.kingcounty.gov
www.soundtransit.org/Trip-planner
www.piercetransit.org/mobile/
dnr.wa.gov
 Phone: 5-1-1 for state highway/
 weather information
 Your local emergency management office



CARPPOOL OPTIONS

- _____
- _____



VIABLE PUBLIC TRANSPORTATION OPTIONS

- _____
- _____
- _____